

# Spending time alone with God

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All believers share a common relationship with one another and with God.

1 John 1:3 says,

*that which we have seen and heard we proclaim also to you, so that you too may have fellowship with us; and indeed our fellowship is with the Father and with his Son Jesus Christ.*

This common fellowship is made possible by the Holy Spirit who came to dwell in us when we first believed. You can check this out in 1 John 3:24 and 1 Corinthians 12:13.

*Whoever keeps his commandments abides in God, and God in him. And by this we know that he abides in us, by the Spirit whom he has given us.*

1 John 3:24

*For in one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and all were made to drink of one Spirit.*

1 Corinthians 12:13

One of the most profitable things that you can do with your life is to spend time alone with God. Now that you have believed in Jesus Christ and trusted in Him alone to save you, I want to encourage you to begin a relationship with Him for the rest of your life. God loves you and desires to have fellowship with you. You can begin this special relationship today!

## What does it mean to spend time alone with God?

Spending time alone with God means to keep a personal appointment with the Creator of the universe. You can spend time with God anywhere and at any time. He is always available to meet with you! The important thing is for you to make time to meet with Him. God is inviting you to enter into a special friendship where you can be totally honest and open.

## How can someone spend time alone with God?

The basis for any relationship is communication. Can you imagine having a friendship in which no one talks or listens? In the same way, a personal relationship with God requires an open line of communication. We can speak with God through prayer, and He can speak to us through His Word. God would love to spend time with you every day.

## Reading the Bible

2 Timothy 3:16 says,

*All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness,*

The Bible gives us everything that God wants us to know about Him. If you want to get to know God, you need to read His Word. When you read a passage of the Bible, ask yourself:

1. What is the main idea?
2. What does this have to do with me personally?

Do not be discouraged if you do not understand everything. God is with you. He is a true and trusted friend and He will teach you with patience and understanding.

## Sharing your heart with God in prayer

The communication process would be incomplete if God were the only one speaking. We have the great privilege of sharing our heart directly with God through prayer. This is an exclusive form of fellowship for all true believers.

A simple way to guide you in your prayer time is to think of the word **CAST**:

**C is for confession** - This is to be honest, admit your sin, and not continue in it.

Proverbs 28:13 says,

*Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy.*

**A is for adoration** - This is expressing praise to God for who He is and for what He has done.

Psalm 150:2 says,

*Praise Him for His mighty deeds; Praise Him according to His excellent greatness.*

**S is for supplication** - This is to pray specific requests for others and for yourself.

1 Timothy 2:1 says,

*First of all, then, I urge that requests, prayers, intercessions, and thanks be offered on behalf of all people*

**T is for thanksgiving** - This means to give thanks to God for all things and in all circumstances.

1 Thess 5:18 says,

*In everything give thanks.*

God is inviting you to begin a special relationship with Him today. He has given you His Word so that you can hear His voice. He also wants to listen to you share your heart with Him through prayer. Your daily appointment with God is not an obligation. It is a wonderful privilege.

**I hope that you will accept this invitation  
and spend time with Him every day!**